

*Rhythm Nation*  
**Performing Arts Company**

**Welcome** to Rhythm Nation Performing Arts Company. My Name is Colette Inkster the Director of Rhythm Nation. We are a performance and competition based company. We focus on creativity and encourage our dancers to be open to all genres of dance to help them become more of a well rounded performer.

**General Information:**

**The company terms** coincide with the N.Z. public primary school terms, excluding term 1 (classes start 1 week later than the school term) and term 4 extra rehearsals may apply in the lead up to our end of year concert. All public holidays are observed and accounted for within the fee structure. Because we run classes from school halls, venues may sometimes change. We will do our best to find appropriate venues or schedule catch up classes if a class has to be cancelled. We realise this can be frustrating but please understand it is extremely frustrating for us also and can't always be avoided.

**Uniform** is not compulsory to be worn in class but no jeans, skirts, school uniforms or dangly jewellery is allowed. We encourage students to have fun and experiment with their dance fashion and style but please make sure it is appropriate for class. A new uniform is being established this will not be compulsory unless being worn for a competition or performance. The uniform will be on display in class during the year. Second hand shoes can also be sold and brought through Rhythm Nation.

**Fees** are to be paid prior to the start of each Term or in the first class. Fees not received by the third week of Term will result in that student no longer being able to attend. Fees can be paid via Internet Banking (account number is on invoice) cash or cheque. Please feel free to approach me if a discussion is needed about payment options. Additional costs may include a costume fee, competition fee and Uniform. A discount will be offered for students who wish to take 3 or more classes per week, meaning the 3<sup>rd</sup> class at a 25% discount and any further classes at a 50% discount. Family discounts are also available at 10% per student for any extra siblings in attendance per term. Musical Theatre and Master Class students are offered a 50% discount off any other classes they wish to enrol for within our timetable.

**Attendance:** Please notify me when or if you will be unable to attend a class or classes. Students who miss three classes in a row and fail to notify me will be withdrawn from the school.

We ask that Caregivers and siblings restrain from watching classes as this can cause a large distraction and many students can not relax or concentrate. Any person creating distraction or noise will be asked to leave the studio.

**Class Structure Breakdowns:**

**Introduction to Dance** is for beginner students aged 5-7 yrs, starting with basic Ballet technique and movement. This class is designed to give students a general skill set before moving onto other classes such as Jazz, Tap and Hip Hop.

**Class Structure for Jazz, contemporary and technique** classes consists of cardio, stretch, Isolations, conditioning, kicks, turns, jumps, technique and choreography. If we are not working towards competitions or performances we like to explore the different styles within that genre (and sometimes outside that genre). We no longer run syllabus work and examinations, with our new class structure we feel that our students are challenged more and reach higher results faster while having lots more fun! We do not offer ballet classes but ballet technique is an important part within these classes.

**Class Structure for Tap** consists of a warm up, technique (such as shuffles, pickups, turns, time steps and lots more), rhythm and beats, and choreography.

**Class Structure for Hip Hop** consists of cardio, stretch, Isolations, conditioning and choreography. There are many different styles of Hip Hop such as Jazz Funk, Lyrical, Swag, New style, Krumping, Popping and many more so before working on comp or performance routine's we try and focus on different style's every week.

**Class structure for Musical Theatre** consists of singing, Drama, Jazz and Tap. A bit like a Glee club but with lots more dancing! Same class structure with Jazz and Tap as above. Once students are at an intermediate/ Advanced level we encourage them to take this course to keep them on a path of becoming a well rounded performer.

**Master class** is a new class put together for students of all ages at a higher level and who show great ability of picking up many different styles of Dance. This class is designed to further challenge these students in all genres such as Ballet, Jazz, contemporary, Hip Hop, Tap, Musical Theatre and more. Guest teachers will also be introduced for special classes. Other students not in this class who I think may benefit from a Master class with a guest teacher may also be invited to a one off class. Master Class students are encouraged to attend at least one other class of their preferred genre.

#### **Studio Addresses:**

Shirley Intermediate School Hall, corner North Parade and Shirley Road, Christchurch.

Mairehau High School Hall, 440 Hills Road, Mairehau, Christchurch.

Blind Foundation Hall, 96 Bristol Street, St Albans, Christchurch.

**Contact Details:** Email: [info@rhythmnationdance.co.nz](mailto:info@rhythmnationdance.co.nz) Web: [www.rhythmnationdance.co.nz](http://www.rhythmnationdance.co.nz)

**Phone:** 0274749846 / (03) 9607632      **Postal:** PO Box 27-270, Shirley, Christchurch